The following regimen is currently recommended for HIV post-exposure prophylaxis in adults in Lothian:

- Emtricitabine/tenofovir 200/245mg tablet:
  ONE tablet ONCE a day at the same time each day (with food)

And

- Raltegravir 400mg tablet
  ONE tablet TWICE a day (every twelve hours)

Both medications are continued for 28 days in total.

For children, please consult Dr Laura Jones (available via RHCYP switchboard)

Please note: no drugs are licensed for use as PEP, and these medicines are being used off-label on the basis of clinical experience and trial evidence.