Food, Fluid and Nutrition Policy

Food Chart

Name: 

Date of Birth: 
CHI: 
Addressograph may be used

Food Record Chart

* Record all food and fluid taken including the amount actually consumed. Do not record anything left on the plate
* Give a careful description of the quantity of food eaten in handy measures e.g. slices, scoops, cups, tablespoons
  * Include a description of how the food is cooked e.g. grilled chop, boiled potato
  * Keep the Food Record Chart for _____ days

<table>
<thead>
<tr>
<th></th>
<th>Breakfast</th>
<th></th>
<th>Lunch</th>
<th></th>
<th>Supper</th>
<th></th>
<th>Snacks</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Offered</td>
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