

Attending the Ear, Nose and Throat (ENT) Clinic

Information for patients

Important Information

Before attending the ENT Clinic please read the following:

Please let us know if your appointment is not suitable by telephoning the above number.

Please note that for:

1. Lauriston Building – 39 Lauriston Place, Edinburgh, EH3 9HA

There is **no parking** available at the Lauriston Building and very limited spaces in the surrounding streets. Lothian Buses that come to Lauriston place are: 23, 27, 35, 47 and 45.

2. East Lothian Community Hospital – Alderston Road, Haddington, EH41 3PF

There is free parking on site of East Lothian Community Hospital (ELCH). East Coast Buses that will take you to ELCH are: 104 and 107.

- If you are attending the clinic because your **nose** is blocked, please stop taking antihistamine tablets **72** hours before, as you may need a skin allergy test.
- If you are attending with **balance/dizzy** symptoms, please do not wear any eye make-up
- If you are attending due to reduced **hearing**, and think you may have **ear wax** problems, you should obtain wax softening ear drops and use them for about two weeks before your appointment, or attend the nurse clinic at your GP surgery for ear irrigation if appropriate.
- Often patients with ENT symptoms require an **endoscope examination** of the nose or throat under local anaesthetic. This will not affect your ability to drive or do normal activities.
- If you have any objections to **medical students** being there during your consultation, please tell the receptionist.
- If you need an **interpreter**, please inform our office staff as soon as you receive your appointment.
- We will try our best to make sure you are seen at the time booked for your appointment however, staff can be delayed or called away because of emergencies elsewhere. Clinics can also fall behind schedule if there are patients who take more time than expected. Our reception/nursing staff will tell you why there is a delay and give you an idea of how long it might be - if they can. If the delay is extreme, you may be offered another date to return as soon as possible. In exceptional circumstances a clinic may be cancelled at short notice.

Booking ambulance transport for hospital appointments

For non-emergency patient transport for a hospital appointment for patients with a mobility or medical need only, call our **Ambulance Booking Line on 0300 123 1236, Monday to Friday 9.00 am to 4.30pm.**