

Day Case Adenoidectomy

After the Operation

Going home

Children who have had their adenoids removed on a theatre list usually go home within six hours after surgery.

Pain

Your child may complain of a sore throat after the operation. Paracetamol and/or ibuprofen may be given following the instructions on the bottle.

We advise you not to let your child pick the dried blood from his or her nose, or blow it hard for a few days, as this may cause bleeding.

Should your child have a high temperature or become unwell please contact your GP.

Should your child have any fresh bleeding from their nose please contact the ward for advice.

Should your child have a nose bleed that will not stop, please attend Accident & Emergency immediately.

Play and school

You should keep your child indoors for a few days after surgery, and encourage them to rest as much as possible, which aids healing and recovery.

Your child should not go swimming for four weeks to avoid getting an infection.

If your child is feeling well enough, he or she may return to school or nursery after one week.

Questions and problems

Should you have any problems in the first few days at home, please feel welcome to contact us at the number overleaf.

You will be given an immediate discharge letter for your GP.

We hope that this leaflet has been useful. If you have any further questions, please ask a member of staff before you leave.

Your consultant surgeon is _____

A follow-up appointment has/has not been arranged on

_____ at _____

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50 Little France Crescent
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Tel.: 0131 536 1000
Accident & Emergency Tel: 0131 312 0007

Day Case Adenoidectomy – After the Operation
Surgical Admission Unit (Crichton Ward)