

Advice for after your nail surgery

Information for patients



Nail surgery can affect your ability to drive. It is recommended that you **do not drive** for 24 hours following your nail surgery procedure.

Elevate your foot/feet above hip level for 2-3 hours, followed by as much rest as possible for the remainder of the day.

It is important that you keep the area dry and avoid a bath or a shower. You may see some bleeding through the dressing(s). If, in the unlikely situation there is excessive leakage, **do not remove the dressing**. Simply cover with another absorbent dressing (available from your local pharmacy or supermarket).

Please wear suitable open toe footwear that accommodates the dressing until you attend your follow up appointment.

The local anaesthetic will wear off in 2 -3 hours, some patients experience discomfort around the area of the nail surgery or at the injection site. If necessary, take two painkillers as you would normally use for a headache (**avoid Aspirin**).

Details of procedure

Local Anaesthetic: 3% Scandonest PLAIN (Mepivacaine Hydrochloride) administered

_____MLS _____MGS

Procedure: Right 1 2 3 4 5 ☐ Partial Nail Removal ☐ Total Nail Removal
Left 1 2 3 4 5 ☐ Partial Nail Removal ☐ Total Nail Removal

The procedure involved phenolisation of the nail-bed and nail matrix.

Should you experience any severe swelling or redness beyond the dressing please telephone **0131 536 1627** to speak with a member of the nail surgery team.

After clinic hours please contact your GP local out of hours service or NHS 24 on **111**.

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