

Appendicectomy

After the operation

Going Home

Your child has had an Appendicectomy and is now ready to go home. Here is some advice to help you.

The Wound

Your child will have a small wound with dissolving stitches. This means they do not need to be removed. The paper steristrips should be removed after 5 days if they are still in place. The wound should be checked regularly for signs of redness, swelling or oozing. If this occurs, please contact your GP.

Pain

Some discomfort may still be felt at home. Paracetamol or ibuprofen can be given regularly, following the instructions on the bottle.

Bathing and Clothing

Bathe daily and avoid tight-fitting waistbands.

Play and School

Your child should be encouraged to take gentle exercise, but vigorous sports such as rugby, football or gym, should be avoided for about a month.

Your child should be fit to return to school within 10-14 days after the operation. However, recovery time varies and your child may need a little longer.

Questions and Problems

Should you have any problems in the first few days at home, please contact us at the ward.

Your GP will be informed about your child's operation directly by letter.

Your Surgeon / Consultant is

A follow up appointment has / has not been arranged on
at

Dear

Tell the person looking after you:

- If you are sore
- If you have any worries

Royal Hospital for Children and Young People
50 Little France Crescent
Edinburgh EH16 4TJ
Tel.: 0131 536 1000

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