

## **Micropigmentation: Post-Treatment Care**

### Information for Patients

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Your skin may be sensitive for a while after the treatment and you should follow these instructions in order to minimise the risk of infection, and allow the skin time to recover.

Once the micropigmentation has been completed, a dressing is applied to the area and should be worn for 24 hours.

During the healing period which normally takes 5-10 days, the area should be cleaned two times a day using a saline solution, and Bepanthen ointment applied to the area. Avoid using soaps, moisturisers, bleaching or depilatory, or other products on treated area/s until healing is complete.

Avoid abrasive products and shower with your back to the shower. After showering gently pat the area dry with a clean soft towel. Do not scratch or pick at the area. It is natural for a light scabbing to form. If this is removed prematurely, colour may be lost resulting in a patchy effect. These small scabs will fall off naturally in a few days.

During the 30 days after having the micropigmentation, keep the treated area out of direct sunlight and do not use sun beds/lamps. After this, you should always use sunscreen to avoid sunburn and fading of pigment.

For the first few weeks after treatment, avoid swimming, steam rooms or saunas, or soaking the treated area in the bath. Doing this will soften the scabs making them more likely to fall off early, which again could affect the final colour.