

## **Biotronik Home Monitoring**

Information for patients with an Implantable Cardiac Device

## What is it?

The Biotronik home monitor is used to collect information from your implanted device. This information is then sent to your device physiologist in order to manage your care. Although the home monitor is useful for virtual appointments, it does not replace all your hospital appointments and you will still need to attend these as and when required.

This is **not** an emergency medical system. If you feel unwell please seek medical attention either via your GP, NHS 111 or dial 999 as appropriate.

## How do I set it up?

- 1. Plug in your monitor, preferably beside your bed and leave plugged in at all times. If you are going on holiday, you do **not** need to take your monitor with you
- 2. Turn the monitor on by pressing and holding the grey button at the side for a few seconds. You should see 'OK' appear on the front screen and that is your monitor successfully set up.



## **Troubleshooting**

If you have any issues setting up your home monitor please call the Biotronik helpline on **01869 362 107**. It is available Monday to Friday from 9am until 5pm.

Please be aware that if your home monitor is flashing this does **not** necessarily mean that there is a problem with your device. It is more likely to be a problem with the connection of the home monitor itself. To fix this, try turning the monitor off and on at the power switch. If this does not fix the problem please call the number listed above.