

## Boston Scientific Latitude Home Monitoring Information for patients with an Implantable Cardiac Device

## What is it?

The Latitude home monitor is used to collect information from your implanted device. This information is then sent to your device physiologist in order to manage your care. Although the home monitor is useful for virtual appointments, it does not replace all of your hospital appointments and you will still need to attend these as and when required.

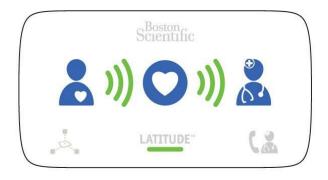
This is **not** an emergency medical system. If you feel unwell please seek medical attention either via your GP, NHS 111 or dial 999 as appropriate.

## How do I set it up?

- 1. Plug in your home monitor with the USB dongle attached. Plug in preferably beside your bed and leave for a few hours as it may have a software update to do. It is important that once you plug your monitor in, you leave it plugged in. If you are going on holiday you do **not** need to take your monitor with you.
- 2. After a few hours. Press the flashing heart button in the middle and hold for a few seconds.



- 3. Wait while the data sends. This could take several minutes. Stay near your monitor during this time. If the heart button flashes, press it again.
- 4. All the lights will appear when the device is set up. The lights will automatically switch off after 2 minutes and only a small green light will remain on under the word latitude.



## **Troubleshooting**

If you have any issues setting up your home monitor please call the Latitude helpline on **0800 678 1644**. It is available Monday to Friday from 9am until 5pm.

Please be aware that if your home monitor is flashing this does **not** necessarily mean that there is a problem with your device. It is more likely to be a problem with the connection of the home monitor itself. To fix this, try turning the monitor off and on at the power switch. If this does not fix the problem please call the number above.