COVID-19

NHS Lothian

Important Information on Attending Your Appointment

In an effort to keep both you and our staff safe, NHS Lothian has made changes to the way we run our services and it is important for you to follow the guidance below.

> When you attend an appointment please attend alone if possible, unless attending with a carer or guardian

> If you are bringing your child to an appointment, where possible only one parent/carer should be in attendance. This is to minimise the number of people coming into the department

> Please do not arrive more than 5 minutes ahead of your appointment. This is to prevent overcrowding and queuing

> Please wash your hands or use alcohol hand gel provided when you arrive

> Please follow guidance that you will see on display (such as keeping a physical distance between yourself and others) and any directions given to you by staff

> When attending hospital for any reason you must wear a face mask (unless exempt).

Our car parking and drop off arrangements may have changed, please refer to **www.nhslothian.scot/GoingToHospital/Travel** for the latest information on this.

Before attending your appointment, please ask yourself the following questions:

> Do you or anyone in your household have COVID-19 (coronavirus)?
> Do you or anyone in your household have a new, continuous cough?
> Do you or anyone in your household have a high temperature or fever?
> Do you or anyone in your household have a loss or change of smell or taste?
> Have you been advised by Test and Protect to self-isolate?
> Have you or anyone in your household returned from abroad in the last 14 days, from a country which the current government advice requires you to self-isolate on your return to Scotland?

If you have answered yes to any of the above questions, please call to cancel your appointment with us and stay at home until you and your household are well. You should check the latest guidance at: www.nhsinform.scot/coronavirus

If you have any questions, please contact the number on your appointment letter.