

Diagnostic Cerebral angiogram aftercare

Information for patients who have undergone **Radial
puncture**

Immediately following your procedure

Immediately following your procedure, the Neurointerventionalist (doctor) will close the puncture site, by the use of a TR band.

What is a TR Band?

A **TR band** is a band that the doctor will fit on your wrist. A small pouch will be inflated in the band with air from a syringe that applies pressure directly onto the puncture site. This will stop the bleeding.

You will be transferred back to our day bed unit where you will be asked to sit in either a bed or chair for 2 hours. During this time the staff will keep an eye on your wrist and reduce the air pressure in the band after 1 hour, and then the next hour, checking for bleeding.

If the bleeding has stopped after 2 hours the band will be removed from your wrist and you will be able to move around the ward for about an hour before being allowed home. We strongly recommend that you have someone to stay overnight at home with you.

It is not advisable to drive yourself home.

What happens when I get home?

A transparent dressing, called a tegaderm, will be placed over your puncture site. This is transparent so that any bleeding from the wound can be seen clearly.

Very occasionally bleeding can occur from the wound in the first 12–24 hours. If it does, apply pressure on the site. You should feel a pulse below your fingers. Bleeding should stop in about five minutes.

You may remove the dressing on your wrist in the shower after 2 days. Let the water run over the wound and pat it dry. The wound should then be dry. If this is not the case and you have any cause for concern, please contact your GP for further advice.

To prevent infection, you are advised to shower and not to bathe for the next 2 days, so that you are not submerging the wound in water.

For 48 hours following your angiogram, you will be advised to take things a little easier than usual (e.g. no heavy lifting, vacuuming, gardening, strenuous exercises, etc.). You are also encouraged to increase oral fluid intake (water) post-procedure to help flush out the contrast used.

You can return to work within 48–72 hours depending on your job. Please ask if you are concerned.

The results of your angiogram will be sent to your GP by post in around 3 weeks.

If you have any further questions, please feel free to contact the department.

Telephone: **0131 312 0863**

Should you require out-of-hours advice, please contact **NHS 24** by phoning: **111**

If there is an immediate concern or emergency, please visit your local **Accident and Emergency (A&E) department** or **call 999** and ask for an ambulance.

DCN Imaging Department

50 Little France Crescent

Edinburgh Bio Quarter

Edinburgh

EH16 4TJ

Tel: 0131 312 0863

My Notes: