

St John's Hospital

Information for Patients having Day Case Eye Surgery Under Local Anaesthetic

Introduction

This leaflet provides you with information regarding your forthcoming admission to St John's Hospital. Your operation will be performed under a local anaesthetic. Please check your appointment letter carefully for the date and time you have been asked to attend.

What to do on the day of Surgery

- Please have your breakfast as usual on the day of your operation
- Please bring all your medication you will require for the day in their original packaging, including any inhalers that you use but do not bring eye drops
- Please wear clothes that are comfortable and loose fitting. You will be asked to remove any jumpers or cardigans and you will be provided with a theatre gown to wear over your clothes
- Please do not wear jewellery. It is advisable to leave all your valuables and jewellery at home.
- Please do not wear any nail varnish or make-up on your day of surgery. This includes foundation, mascara, eyebrow pencil, eye shadow or eyeliner.

When you arrive on the Ward

- Please report to WARD 20 on arrival to the hospital - it is situated on the **second floor** of St John's Hospital
- On your arrival, your nurse will check your blood pressure and put some drops into your eye/s to prepare you for theatre and the procedure will be fully explained to you. If you have any questions, please do not hesitate to ask
- Your nurse will advise when your relative or escort should contact the ward to confirm your discharge time
- It is not possible for your relative / escort to stay with you during your admission except in exceptional circumstances. If you need to discuss this, please contact the ward directly

During my stay

You should come to the ward prepared to stay for the day. However, if your procedure is done in the morning, it is possible that you could be ready to leave much earlier. If you are still in the ward over lunchtime, we will provide you with a light lunch.

Discharge home

It is advisable that you are accompanied home and under no circumstances should you drive your car on the day of your surgery or take public transport. Whoever is

driving you home will need to collect you directly from the ward. Your relatives/ escorts are advised to contact the ward to confirm what time you will be ready to leave. You will be given a discharge pack containing your treatment, information leaflets and a form to take to your own Optician 4-6 weeks after your operation. Please ensure you have some pain relieving medicine at home if you need to take them.

You may be asked by the Medical Team treating you to return the following day for a review

Cancellation of Surgery

While we make every effort to avoid this where possible, there is always a risk that your operation may be cancelled at short notice. This is due to either emergency patients who require urgent surgery or other reasons which are beyond our control. We realise that this can cause distress and inconvenience, but in the event that your surgery is postponed, you will be offered a new dates as soon as possible.

Contact Telephone Numbers

Waiting List Office 01506 524278

Patient Transport

If you have a medical/clinical need for Patient Transport, telephone **0300 123 1236**
*calls charged at local rate up to 28 days in advance to book, making sure you have your CHI Number available.

Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236*** (calls charged at local rate).

To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hr answer service)

Interpretation and Translation

Your GP will inform us of any interpreting requirements you have before you come to hospital and we will provide an appropriate interpreter.

Keeping your Appointment

If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.