

Directions to the Psychology Department

St John's Hospital, Howden

We are on the first floor, and can be reached by following these directions:

- 1. Come in the main door of the hospital
- 2. Turn right and follow the corridor until you come to the first set of stairs/lifts
- 3. Go up to the first floor
- 4. When you come out of the lift or the staircase, go through the double door (on the left if using the lift, on the right if using the stairs)
- 5. Report to Psychology reception and take a seat in the waiting area.

Please remember to bring your appointment letter and directions with you so that you can find the department easily.

The patient and visitors' car parking facility at the hospital can be extremely busy, particularly on weekdays between 8.30am-4.00pm. We are keen that you should arrive in good time for your appointment, however if you arrive by car we are unable to guarantee a parking space will be available for you.

The hospital is well served by public transport and we would encourage you where possible to arrive by this method. Information on getting to the hospital by public transport is available by contacting Traveline Scotland on **0871 200 22 33** or through the website **www.travelinescotland.com**

St John's Hospital

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