

Dressing Regimen

Information for parents and guardians

Remove any old Ichthammol Paste with warm (not hot) olive oil.

Use _____ as a bath emollient.

Use _____ as a soap substitute.

Apply _____ (antiseptic) to all weepy / broken areas on body.

Apply _____ (antiseptic) to all weepy / broken / bleeding areas on face, neck and hands.

Apply _____ as a moisturiser and then later on, up to three times a day.

(wait until the moisturiser is absorbed before applying the steroid. If you don't have time to wait until the moisturiser has absorbed, please apply steroid before moisturising).

Apply _____ (steroid) to neck and body once / twice daily.

Apply _____ (steroid) to face twice daily.

Mix Ichthammol paste and a small amount of 50:50 Liquid paraffin / white soft paraffin together and then apply Ichthammol Paste to skin (for itch) if necessary.

Apply Ichthopaste bandaging to areas on limbs where skin is inflamed and itchy, as required and secure with white bandage.

Cover with stockinette suit or comfi-fast suits. Alternatively, you can use your own clothes as long as they are close-fitting i.e. babygrows, leggings and long sleeved T-shirts, pyjamas etc.

Steroids should be applied sparingly (normally when the skin has a soft glisten, this is enough). All creams and ointments should be applied with downward strokes.

Contact Telephone Numbers

Nurse: **0131 312 0018**

Royal Hospital for Children and Young People
50 Little France Crescent
Edinburgh EH16 4TJ
Tel.: **0131 536 1000**

Dressing Regimen
Information for Parents and Carers