

Ear Reconstruction Service

Meet the Team- Service for Adults

Information for patients and carers



Department of Plastic Surgery
Royal Hospital for Children and Young People
50 Little France
Edinburgh
EH16 4TJ

Telephone number: 0131 312 0568

You can also read about our team online at: services.nhslothian.scot/earrecon/children/Pages/Our-team.aspx

The Autologous Ear Reconstruction Service is a multi-disciplinary team. This means that different types of clinicians work together to give you the best service.

This leaflet tells you about the different clinicians working in the team.

This service is for children and adults born with small misshapen ears (microtia) and adults who lose part of their ear through trauma or other medical conditions.

Co-ordinator

The Co-ordinator may be your first point of contact with the Ear Reconstruction Service. They organise the clinics and can make and change Out Patient Clinic appointments, give information about waiting times for surgery and advise you of the best person to speak to should you have any particular worries or concerns.

Our co-ordinator can be contacted on: **0131 312 0631**

Or by email at: EARS.admin@nhslothian.scot.nhs.uk

Consultant Plastic Surgeon

The Consultant Plastic Surgeon specialises in reconstructing ears. The surgery usually involves either borrowing some cartilage from the patient's chest and carving it into an ear shape, or using a plastic implant. This is then positioned and covered with local skin.

They will talk to you about your concerns. After examining the relevant areas they will explain the options for reconstruction of the missing or misshapen ear(s).

The Consultant Plastic Surgeon liaises with other specialist surgeons around the world. This makes sure that the team is always delivering the best possible treatment.

The Consultant Plastic Surgeon is based in Edinburgh at:

Royal Hospital for Children and Young People
50 Little France Crescent
Edinburgh
EH16 4TJ

Consultant Ear, Nose and Throat (ENT) Surgeon

The ENT surgeons are locally based depending on which clinic you attend. If you have microtia, the ENT surgeon can explain how this might affect hearing. They can discuss the results of audiology tests. They can advise you about options for maintaining and improving hearing.

The ENT surgeons are based at:

| Edinburgh | Dundee | Glasgow |
|---|---|--|
| ENT Department Lauriston Building Lauriston Place Edinburgh EH3 9EN | Department of Otolaryngology Ninewells Hospital Dundee DD1 9SY | Royal Hospital for Children 1345 Govan Road Glasgow G51 4TF |

Clinical Nurse Specialist

The Clinical Nurse Specialist works alongside the Consultant Plastic Surgeon. They are a main point of contact for information and support for you. They are available up to and beyond possible treatment.

The Clinical Nurse Specialist helps prepare you for your operation and also provides specialist inpatient and follow-up care.

After your initial consultation, the Clinical Nurse Specialist can meet with you separately. They can give you more details about the possible treatment options. You will also have the chance to ask any further questions.

The Clinical Nurse Specialist is based in Edinburgh at:

Royal Hospital for Children and Young People
50 Little France Crescent
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Clinical Psychologist

The Clinical Psychologist will meet you along with the rest of the team. They can also arrange to see you separately to discuss any areas of concern. They can help with:

- Psychological difficulties related to appearance
- Coping with other people's questions
- Attending appointments (e.g. anxiety about attending, confidence about asking questions)
- Making a decision about if and when to have surgery
- Preparing for surgery
- Adjusting to a new appearance
- Other related emotional or behavioural issues.

Our Clinical Psychologist is based in Edinburgh at:

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