

My trip to hospital

Information for children and young people

Scottish National Ear Reconstruction & Atresia Service

Getting ready to go to hospital



I can't eat after my mum and dad or guardian say.



I can bring my favourite toy/blanket/pillow.

I can bring my book/iPad/music too.



I can bring my pyjamas/comfy clothes for staying in hospital.

Coming to hospital

My mum, dad or guardian will check me in with reception

We will sit down and wait for a nurse to come and get us.



The nurse will weigh me.



The nurse will measure how tall I am.



The nurse will take my temperature with a thermometer. They will put the thermometer under my armpit.



The nurse will check my blood pressure. They will wrap something around my arm that will inflate like water wings.



The nurse will put a wristband on me with my name on.



I will be given a special hospital robe to wear before surgery.

Coming to hospital continued...



The doctor will come and see me

The doctor may want to look at my ear and remind me about the operation



I will meet another doctor called an anaesthetist.

They will talk to me about putting me to sleep for the operation.



I may have to wait a while.

I can play while I wait.

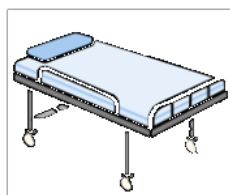
I may meet a play therapist.



The nurse will put some 'magic cream' on the back of my hand.

The cream will make the back of my hand numb.

Going to sleep

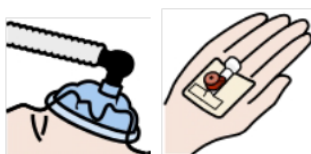


I will walk to the anaesthetic room.

This is where I will go to sleep.

If I feel sleepy, I can be taken there on a bed.

Mum, dad, or my guardian can come with me.



I will be asked to breathe in air from a mask, or medicine will be put into a tube on my hand.

The magic cream helps with this.

Going to sleep continued...

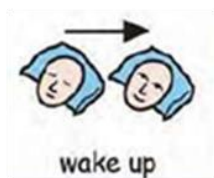


This will make me sleepy.



I will sleep for a while and the anaesthetist will look after me while I sleep.

Waking up



I will wake up and my operation will be finished.



I might feel confused and sleepy.

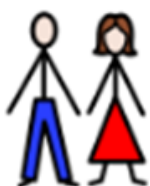


My ear or chest might be sore and I may want to cry but there will be nurses around to look after me.



I can call a nurse for some medicine to help me feel better.

I will be in a recovery area with other children who have also had surgery.



My mum and/or dad and/or my guardian will be there.

I will be moved to a ward when I wake up.

I will meet new nurses on the ward.

Waking up continued...



The nurse will take my temperature and blood pressure again.

The doctor will come and check how I am doing.



If my ear or chest is still sore, I can call a nurse and they will get me more medicine.



I can eat and drink if I am hungry or thirsty.

Staying in hospital



My ear or chest may still hurt for a few days.

I may feel uncomfortable and upset for a little while.



If I ask, the nurse, my parents, or guardian will help me.

I can ask the nurse for medicine if my ear or chest hurts.



I won't feel sore forever.

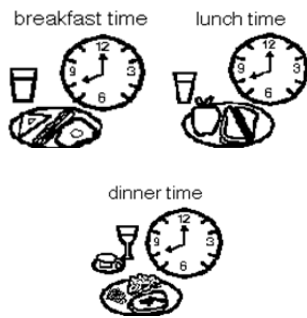
I will get better every day.



The doctors will come and see me once a day to see how I am.

There will be nurses around all day and night if I need help.

Staying in hospital continued...



I will be given breakfast, lunch and dinner while I stay in the hospital.



My mum, dad or guardian can stay with me all day and night in the hospital.

When I feel better I can play with the toys and books in the games room.



Each day I will start to feel better.

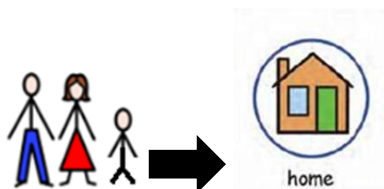
I won't feel bad forever, I will feel good again.

I will have a new ear.

Going home



The doctors will tell me when it is time to go home.



My family will take me home.

I will be seen by a nurse once a week until I am feeling better and to make sure my ear and chest have healed.