# Edinburgh multidisciplinary child development clinic

Information for parents and carers



Royal Hospital for Children and Young People

#### Department of Community Child Health, 50 Little France Crescent, Edinburgh, EH16 4TJ

## What is the Edinburgh multidisciplinary child development clinic?

The aim is to provide an initial assessment for your child by a number of different departments and professionals at the same time. This should, therefore, reduce the need to attend multiple separate appointments.

# How long will the appointment last for?

Each appointment lasts for 1 hour 30 minutes.

### Who carries out the multidisciplinary child development assessment?

Your child's development will be assessed by a team consisting of:

- Consultant Community Paediatrician
- Physiotherapist
- Speech and Language Therapist
- Occupational Therapist

# Should I bring anything to the appointment?

Please bring:

- A snack and drink for your child
- One of your child's favourite toys

Your child should be dressed in comfortable clothing. Please note that there are very limited facilities at the clinic.

Due to the nature of the appointment, please don't bring siblings or other children.

# What will happen during the appointment?

Various assessments and observations will take place. For example, the team may wish to see:

- Your child playing with their favourite toy
- Your child playing with you
- Your child feeding

There will be time at the end for the team to have a brief discussion with you about the outcome of the appointment and explain if further assessment by individual professionals is required.

## What happens after the appointment?

A joint written report will be produced by the Paediatrician following the appointment. With your consent, information will be shared with professionals involved in the assessment, as well as the referrer, your child's General Practitioner and Health Visitor.

Please advise the Paediatrician if you discuss sensitive information that you do not wish to be shared in this way.

# Keeping your appointment

If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.

### Public transport and travel information

Bus details available from: Lothian Buses on 0131 555 6363 or <u>www.lothianbuses.co.uk</u> Traveline Scotland on 08712002233 or <u>www.travelinescotland.com</u>

Train details available from: National Rail Enquiries on 03457 484 950 or www.nationalrail.co.uk

### **Patient Transport**

Patient Transport will only be made available if you have a medical/clinical need. Telephone **0300 123 1236** (calls charged at local rate) up to 28 days in advance to book, making sure you have your CHI number available which you can find on your appointment letter. Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236** (calls charged at local rate). To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hr answer service).