

Electrocardiogram (ECG) event recording

Information for patients

Cardiac Physiology/ ECG Department

What is an electrocardiogram (ECG) event recording?

An event recorder is a small piece of equipment which will monitor your heart rate only when activated by yourself. The monitor will take a recording for 90 seconds.

How long will it last for?

It will take approximately ten to fifteen minutes to show you how to use the device but please allow around 30 minutes for your appointment in total.

You will have the recorder for the length of time requested by your doctor which is normally 7 or 14 days.

Please note that this test does not need an overnight stay in the hospital.

Returning the recorder

Please return the recorder to the hospital department where you attended your appointment, the day after finishing your recording. Any delay will prevent other patients from having their recorder fitted.

If the recorder is due back at the weekend please try and return it by 9.30am on Monday morning.

If you would have any problems returning the monitor (for example, if you use patient transport or live in residential care) please contact the Cardiac Physiology/ECG department before your appointment so that we can make appropriate arrangements for its return.

Contacting us about your appointment

If you have any questions about your appointment, or need to cancel or change it, please contact the department in advance using the telephone number on your appointment letter.

Further information is on the back of this leaflet.

Please complete this slip and bring it with you to your appointment:

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I have read and understood the information about my event recorder. I agree to return the recorder the next day or as arranged.

Signed: _____ Printed name: _____

Telephone: _____

Public transport and travel information

Bus details available from:

Lothian Buses on 0131 555 6363 www.lothianbuses.co.uk

Traveline Scotland on 08712002233 or www.travelinescotland.com

Train details available from:

National Rail Enquiries on 03457 484 950 or www.nationalrail.co.uk

Patient transport

Patient Transport will only be made available if you have a medical/clinical need. Telephone **0300 123 1236** *calls charged at local rate up to 28 days in advance to book, making sure you have your CHI number available (find this on your appointment letter).

Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236*** (calls charged at local rate). To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hr answer service).

Interpretation and translation

Your GP will inform us of any interpreting requirements you have before you come to hospital and we will provide an appropriate interpreter. If you are having this procedure as an existing inpatient, staff will arrange interpreting support for you in advance of this procedure. This leaflet may be made available in a larger print, Braille or your community language.