# **Getting to the Astley Ainslie Hospital**

Information for patients and carers

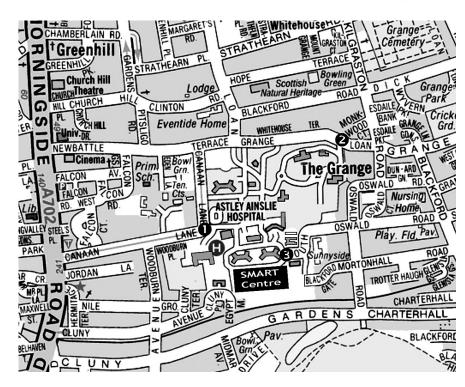


### Astley Ainslie Hospital 133 Grange Loan EH9 2HL

The Astley Ainslie Hospital is on the south side of Edinburgh, between Morningside and the Grange. There are three ways into the hospital grounds, from:

- Canaan Lane (which is one-way from Newbattle Terrace)
- Grange Loan (off Kilgraston Road)
- 3. South Oswald Road (most direct route in to the SMART Centre)

The hospital is sign-posted from Morningside Road, Kilgraston Road and Grange Loan



## Car parking

Car parking spaces are limited at the Astley Ainslie and it can be difficult to find a place to park near the hospital. That's why we ask you - where possible - to use public transport, or arrange to be dropped off at the hospital by car.

## Parking for disabled drivers

There are parking spaces for disabled drivers in front of hospital buildings or as close to them as possible. Please do not park in these spaces unless you have a Blue Badge.

## Keeping your appointment

If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter as soon as possible. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.

#### **Bus services**

There are frequent bus services stopping near Astley Ainslie Hospital. The bus stops are in Morningside Road (5, 11, 16, 17 and 23), Cluny Gardens (38) and Kilgraston Road (41).

Further information can be obtained from:

Lothian Buses on 0131 555 6363 or <a href="www.lothianbuses.co.uk">www.lothianbuses.co.uk</a>
Traveline Scotland on 08712002233 or <a href="www.travelinescotland.com">www.travelinescotland.com</a>

#### **Train services**

Take train to Edinburgh Waverley Station. See bus services above for buses from Princes Street or North Bridge. Please note that there is no direct bus from Edinburgh Haymarket Station.

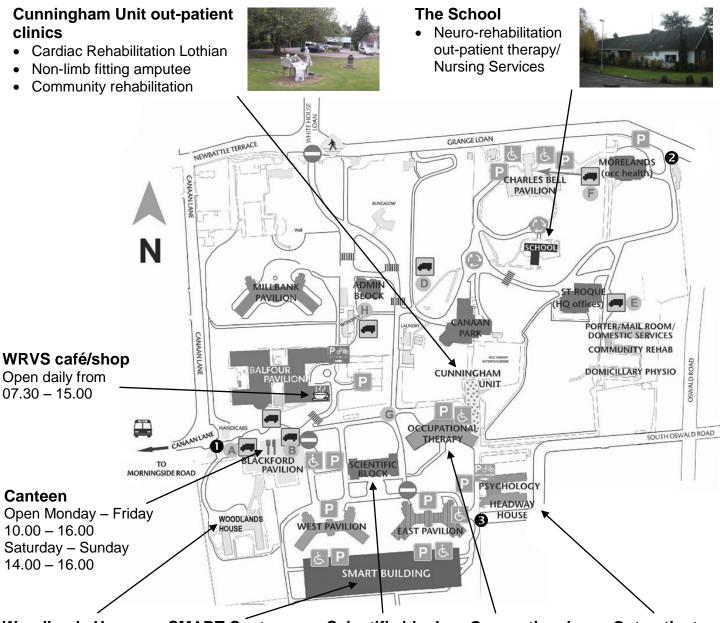
Train details available from:

National Rail Enquiries on 03457 484 950 or <a href="https://www.nationalrail.co.uk">www.nationalrail.co.uk</a>

### **Patient Transport**

Patient Transport will only be made available if you have a medical/clinical need. Telephone 0300 123 1236 (calls charged at local rate) up to 28 days in advance to book, making sure you have your CHI Number available (this appears on your appointment letter). Hard of hearing or speech impaired? Use text relay: 18001-0300 123 1236 (calls charged at local rate). To cancel patient transport telephone 0800 389 1333 (Freephone 24 hr answer service).

## Site map of the Astley Ainslie Hospital



#### **Woodlands House**

- LEAP (Lothian and Edinburgh Abstinence Programme)
- Learning disabilities
- Primary care facilitation team
- Substance misuse
- e-Health



### **SMART Centre**

- Rehabilitation Medical Neurology Consultants
- Out-Patient Clinics
- Spasticity Management Team

### Scientific block

Lothian service functional electrical stimulation

# **Occupational Therapy** department

Healthy Working Lives

#### **Out-patients**

- Clinical health psychology
- Neuropsychology
- Pain Management
- ME/ Chronic fatigue services





