

# Hormonal birth control with Sugammadex (Bridion®)

## Information for Patients



During your surgery you received a medication as part of the operation to relax your muscles. Sugammadex is a separate medication which reverses the effects of these muscle relaxants in order for a person to recover from general anaesthesia. Sugammadex decreases the effects of hormonal contraception and this leaflet is to give you advice about methods of contraception that you should use after taking Sugammadex.

Examples of hormonal contraception are:

- Combined oral contraceptive pills
- Progestogen-only pills ('mini' pills)
- Contraceptive injections (e.g. Depo Provera)
- Progestogen-only implants (e.g. Implanon, Nexplanon)
- Contraceptive patches (e.g. Evra)
- Vaginal rings (e.g. NuvaRing).

If you are taking the contraceptive pill (combined pill or mini pill), **please follow the instructions for a missed dose** in the package leaflet of your medication.

If you are using another form of hormonal contraception (injection, implant, patches, rings), **please use an additional barrier contraceptive as a backup method for the next 7 days.**

Do not stop your hormonal contraception during this time.

Barrier methods include:

- Male condom
- Female condom
- Female diaphragm
- Female cervical cap
- Abstinence from sexual activity.

## Further information

European Medicine Agency:

[www.ema.europa.eu/en/documents/product-information/bridion-epar-product-information\\_en.pdf](http://www.ema.europa.eu/en/documents/product-information/bridion-epar-product-information_en.pdf)

British National Formulary:

<https://bnf.nice.org.uk/interaction/sugammadex-2.html#bnf>

