



# Hypospadias Repair: After the Operation

Information for parents and carers

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Your Son has come into hospital for repair of his hypospadias. This leaflet will give you some information about what to expect after the operation

## **On return from theatre**

Your Nurse will explain the care your son will need.

Your son will have a catheter or stent. This is the tube that drains urine from the bladder and protects the surgical wound. It is important that this is not pulled by the child during nappy changes. It may be helpful to have two adults present initially during nappy changes.

You will be shown how to change the nappies as there will be two, it is important to always check the inner nappy is wet.

There may or may not be a protective dressing, which the nurse will explain and when it has to be removed.

Your son may return to the ward with a Drip, this will be removed once he is drinking. The small cannula (a thin tube) will remain in place until the following morning as a precautionary measure.

Your son will be given regular medicines for pain and discomfort, together with a laxative, a once-daily antibiotic and an anti spasmotic for the period the catheter is in place.

## Going home

The length of your stay in hospital can vary depending on the type of surgical repair carried out. We may arrange for a Community Paediatric Nurse to contact you following discharge. Please encourage your child to drink (take oral fluids) to ensure the urine is dilute. If the inner nappy is not wet and the stent is not dripping urine, please contact the ward as soon as possible.

You will be advised about follow up for catheter/stent removal and subsequent Consultant follow up. If you have a question or concern following discharge or if the catheter/stent is not dripping, you should contact the staff in Dunvegan or Tantallon for advice on **0131 312 1332** or **0131 312 1331**

Your Surgeon/Consultant is.....

A follow up appointment has been made:

Stent removal.....

Out-Patient Clinic.....

## **The wound**

There are dissolving stitches which do not need to be removed from the wound. However, the catheter may be held in by a water balloon, the stent may be stitched in and this will be removed in Crichton ward one week following surgery. You will be given a time and date before going home. It is advisable to give some simple pain relief (analgesia) on the morning when the catheter/stent is to be removed, but to withhold the anti-spasmodic medication.

## **Pain**

Some discomfort will be experienced after discharge home. Giving your son Paracetamol should relieve this – you should follow the instructions on the medication packet.

## **Bathing and clothing**

Double nappies will be used and will have been explained to you in hospital. Bathing is not advised until the catheter/stent is removed. Clean the nappy area with gentle wipes or water and cotton wool.

## **Catheter/stent removal**

When you return to Crichton, you will be met by the Nurse who will review and remove the catheter/stent. The small stitch holding the stent will be removed and the stent will be removed following this, or the water balloon will be deflated and the catheter removed. Once this has been removed we ask you to remain in the hospital until your son has passed urine.