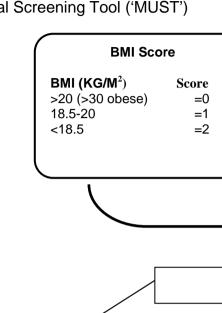


## Malnutrition Universal Screening Tool ('MUST')



## **Weight Loss Score**

Unplanned weight loss in past 3-6 months

%	Score
<5	=0
5-10	=1
>10	=2

#### **Disease Score**

Score 2 See local information relating to your clinical area for guidance on scoring medical conditions/ diseases

### Combine scores to calculate overall MUST

### Score 0

Low Risk

Repeat MUST assessment weekly

### Score 1

#### Medium Risk

Follow food first advice (see local guidance) Monitor intake with food record chart Repeat MUST assessment weekly

## Score 2 No weight loss

#### Medium Risk

If score calculated as 2 from Step one (a low BMI only) then: -

Follow food first advice (see local quidance)

Monitor intake with food record chart Repeat MUST assessment weekly

# Score 2 or above **High Risk**

Refer to Dietitian Food first advice (see local guidance) Monitor intake with food record chart Repeat MUST assessment weekly

Any patients with an EDD within 72 hours of referral are unlikely to be seen by acute dietetic team. Please give "Nourishing Ideas" leaflet and include MUST score on