

# Medtronic CareLink Relay Home Monitoring

## Information for patients with an Implantable Cardiac Device

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### What is it?

The CareLink home monitor is used to collect information from your implanted device. This information is then sent to your device physiologist in order to manage your care. Although the home monitor is useful for virtual appointments, it does not replace all of your hospital appointments and you will still need to attend these as and when required.

This is **not** an emergency medical system. If you feel unwell please seek medical attention either via your GP, NHS 111 or dial 999 as appropriate.

### How do I set it up?

1. Plug in your home monitor, preferably at your bedside or alternatively somewhere with a good cellular connection. It is important that once you plug your monitor in, you leave it plugged in. If you are going on holiday you do **not** need to take your monitor with you
2. The light ring spins while the monitor sets up. Stay near it during the setup. This usually takes less than 12 minutes
3. Upon completion, a tone plays and the light ring is solid green
4. Setup is complete.



Note: The green light will turn off when the room is dark. The communicator is still working.

### To send a transmission

- Press and hold the button for 2 seconds. The light ring starts to spin and the progress bar will begin to load.

Note: You do not need to do this unless you are specifically requested to do it by a device physiologist.

## What happens next?

The home monitor will perform its own checks every night. If there are any issues, the data will be sent to your device physiologist as long as your monitor is plugged in at **all** times.

## Troubleshooting

If you have any issues setting up your home monitor please call the CareLink helpline on **00800 2666 3282**. It is available Monday to Friday 8am-4pm.

Please be aware that if your home monitor is flashing this does **not** necessarily mean that there is a problem with your device. It is more likely to be a problem with the connection of the home monitor itself. To fix this, try turning the monitor off and on at the power switch. If this does not fix the problem please call the number listed above.