

# Medtronic 'My CareLink' Home Monitoring

## Information for patients with an Implantable Cardiac Device

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### What is it?

The CareLink home monitor is used to collect information from your implanted device. This information is then sent to your device physiologist in order to manage your care. Although the home monitor is useful for virtual appointments, it does not replace all of your hospital appointments and you will still need to attend these as and when required.

This is **not** an emergency medical system. If you feel unwell please seek medical attention either via your GP, NHS 111 or dial 999 as appropriate.

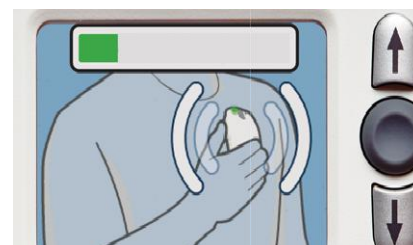
### How do I set it up?

1. Plug in your home monitor, preferably at your bedside or alternatively somewhere with a good cellular connection. It is important that once you plug your monitor in, you leave it plugged in. If you are going on holiday you do **not** need to take your monitor with you
2. Leave the monitor while the software loads, this can take a few minutes or even up to a few hours

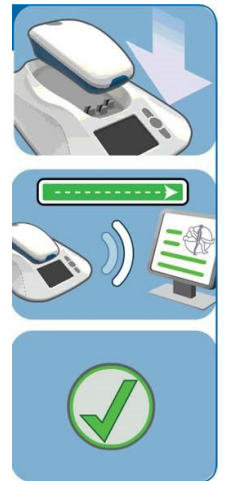
WAIT for cellular signal bars and white arrow to appear.



3. After the software has loaded, on the small screen, you will see an arrow pointing to the button. Press the button and when prompted, lift the mouse header up and over your implanted device
4. Wait for a few minutes while the data is retrieved. You will see a green bar loading on the screen



5. Once the green bar is fully loaded, place the mouse back into its slot
6. The data will then send to your device clinic. Once this is completed you will see a green tick.



## What happens next?

The home monitor will perform its own checks every night. If there are any issues, the data will be sent to your device physiologist as long as your monitor is plugged in at **all** times. You do not need to press the button or lift the header after the set up unless asked to do so by your device physiologist.

## Troubleshooting

If you have any issues setting up your home monitor please call the CareLink helpline on **00800 2666 3282**. It is available Monday to Friday 8am-4pm.

Please be aware that if your home monitor is flashing this does **not** necessarily mean that there is a problem with your device. It is more likely to be a problem with the connection of the home monitor itself. To fix this, try turning the monitor off and on at the power switch. If this does not fix the problem please call the number listed above.