

# Motor Neuron Disease Nurse Led Service

Information for patients

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**Department of Clinical Neurosciences,  
Royal Hospital for Children and Young People/DCN  
50 Little France Crescent  
Edinburgh  
EH16 4TJ**

## Specialist care for you

As Clinical Nurse Specialists (CNS), we have specialist knowledge, skills and experience in dealing with Motor Neuron Disease (MND).

We work as part of the MND team across the Lothians and Borders. Specialist clinics are held within the Anne Rowling Regenerative Neurology Centre, Royal Infirmary of Edinburgh, for Lothian residents and Borders General Hospital for Borders residents.

We offer regular contact by telephone, email, texts and video calls on a secure NHS platform. We also offer home visits at a time to suit your needs.

Our role is to ensure you receive the NHS care you require according to your needs and wishes.

## Contact Us

Monday to Friday, 9am to 5pm (excluding public holidays):

E-mail: [mndservice@nhs.scot](mailto:mndservice@nhs.scot)

### Advanced Clinical Nurse Specialist – MND

- **Mobile:** 07711 386 201  
07711 386 202
- **Office:** 0131 312 0712/3



## Support we can offer

Information, advice  
and support to you,  
your family and friends

Emotional support in  
dealing with the  
diagnosis

We make referrals to  
additional services and  
health professionals  
you may need support  
from

Advice about  
symptoms and their  
management

Information about  
Motor Neuron  
Disease








Information about  
other supportive  
organisations

A link with other  
services involved in  
your care

Information about  
ongoing research in  
MND

**It is important you have access to all available support and information that you need.**

## More information

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| <b>CARE MND</b><br><a href="http://www.care-mnd.org.uk">www.care-mnd.org.uk</a>   |    |
| <b>MND Scotland</b><br><a href="http://www.mndscotland.org.uk">www.mndscotland.org.uk</a>                               |    |
| <b>MND Association</b><br><a href="http://www.mndassociation.org">www.mndassociation.org</a>                            |    |
| <b>My Name's5 Doddie Foundation</b><br><a href="http://www.mynames5doddie.co.uk">www.mynames5doddie.co.uk</a>           |    |
| <b>myMND - myTube</b><br><a href="http://www.mytube.mymnd.org.uk">www.mytube.mymnd.org.uk</a>                           |   |
| <b>Gastrostomy Tube – Is it for me?</b><br><a href="http://www.gastrostomychoice.co.uk">www.gastrostomychoice.co.uk</a> |  |
| <b>myMND – myBreathing</b><br><a href="http://www.mybreathing.mymnd.org.uk">www.mybreathing.mymnd.org.uk</a>            |  |