

Orchidopexy

After the Operation

Going home

Boys who have had an orchidopexy operation are usually able to go home within 24 hours.

The wound

Your son will have a small wound in his groin and in his scrotum. Both will be closed with dissolving stitches. The stitches can take between 2-4 weeks to dissolve and fall away. Some bruising and swelling is not unusual over the next few days, however if this is excessive please contact your GP or if out of hours NHS 24.

If you see any signs of infection at the wound areas please contact your GP or if out of hours NHS 24.

Signs of wound infection can include an increase in pain, swelling or redness around the stitch line, discharge from the wound which is discoloured, a strong smell from the area or if your child has a temperature and is unsettled.

Pain

Some discomfort will be experienced after surgery. We advise using a combination of ibuprofen and paracetamol, following the dosage instructions on the bottle/boxes.

You will also be provided with three doses of oral morphine solution and we advise using this in the first 24 hours after your child's operation. Oral morphine solution is a stronger pain relief.

Bathing and clothing

You should give your son daily baths in the morning, for a week after the operation. It is best not to add anything to the bath water.

Loose-fitting clothes may be most comfortable. It is important that no other creams, ointments or talc are applied directly to or near the wound.

Play and school

To minimise swelling it is advised that your son avoids activity and rests for the first three days after surgery.

Your son should be fit to return to school or nursery approximately seven days following their operation.

Sporting activities can start again when completely healed, usually after 4-6 weeks.

Questions and problems

If you have any problems please contact your GP or if out of hours NHS 24.

Your consultant surgeon is _____

A follow-up appointment has/has not been arranged on

_____ at _____

We hope this leaflet has been useful. If you have any further questions, please ask a member of staff before you leave.

Royal Hospital for Children and Young People
50 Little France Crescent
Edinburgh EH16 4TJ
Tel.: **0131 536 1000**

A&E Department: **0131 312 0007**
Surgical Day Case Unit: **0131 312 0970** (Mon - Fri, 8am - 6pm)
NHS 24: **111**

Orchidopexy – After the Operation
Surgical Day Case Unit