

Princess Alexandra Eye Pavilion

Information for Patients having Day Surgery under General Anaesthetic

Introduction

This leaflet provides you with information regarding your forthcoming admission to the Princess Alexandra Eye Pavilion. Your operation will be performed under a general anaesthetic. The instructions you need to follow will depend on the time you have been asked to arrive. Please check your appointment letter carefully for this information.

Fasting for your Operation

If you have been asked to arrive at the Eye Pavilion at **0730 am**

- Please **do not** eat after midnight
- You can have a glass of clear fluid at 0630 am. This means, a glass of water or a cup of black tea or coffee. Please do not drink milk.
- Chewing gum or sweets are not allowed

If you have been asked to arrive at the Eye Pavilion at **1130 am**

- Please **do not** eat after 0630am
- You can have a glass of clear fluid at 0930 am. This means, a glass of water or a cup of black tea or coffee. Please do not drink milk.
- Chewing gum or sweets are not allowed

What to do on the day of Surgery

- Have a bath or shower and wash your hair the day before your operation
- Please bring all your medication you will require for the day in their original packaging, including any inhalers that you use
- Please do not wear jewellery on your admission. It is advisable to leave all your valuables and jewellery at home.
- Please do not wear any nail varnish or make-up on your day of surgery. This includes foundation, mascara, eyebrow pencil, eye shadow or eyeliner

When you arrive on the Ward

- Please report to Ward E2 on arrival to the hospital- it is situated on the **2nd floor** of the Princess Alexandra Eye Pavilion
- On your arrival, your nurse will advise when your relative or escort should contact the ward to confirm your discharge time
- It is not possible for your relative/escort to stay with you during your admission except in exceptional circumstances. If you need to discuss this, please contact the ward directly

After my Operation

You will be given a light snack after your operation. Once you have fully recovered from your anaesthetic, you will be allowed to return home. This will normally be in the afternoon. It is advisable that you are accompanied home and under no circumstances should you drive your car on the day of your surgery. If you are being collected by car, it may be brought to the front entrance of the Eye Pavilion. Whoever is driving you home will need to collect you directly from the ward. Your relatives/escorts are advised to contact the ward to confirm what time you will be ready to leave. Please ensure you have some pain relieving medicine at home if you need to take them.

You should not be alone for the first night after an anaesthetic. You may need to stay with a friend or relative for the first night.

You may be asked by the Medical Team treating you to return the following day for a review

Cancellation of Surgery

While we make every effort to avoid this where possible, there is always a risk that your operation may be cancelled at short notice. This is due to either emergency patients who require urgent surgery or other reasons which are beyond our control. We realise that this can cause distress and inconvenience, but in the event that your surgery is postponed, you will be offered a new date as soon as possible.

Contact Telephone Numbers

Waiting List Office: 0131 536 1628 (then option 3)

Ward E2 (weekends and evenings only): 0131 536 1172

Day Patient Unit: 0131 536 1772

Patient Transport

If you have a medical/clinical need for Patient Transport, telephone **0300 123 1236**
*calls charged at local rate up to 28 days in advance to book, making sure you have your CHI Number available
Hard of hearing or speech impaired? Use text relay:
18001-0300 123 1236* (calls charged at local rate). To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hour answer service)

Interpretation and Translation

Your GP will inform us of any interpreting requirements you have before you come to hospital and we will provide an appropriate interpreter.

Keeping your Appointment

If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.