

# Princess Alexandra Eye Pavilion

## Information for Patients having Eyelid Surgery under Local Anaesthetic

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### Introduction

This leaflet provides you with information regarding your forthcoming admission to the Princess Alexandra Eye Pavilion. Your operation will be performed under a local anaesthetic. Please check your appointment letter carefully for the date and time you have been asked to attend.

### What to do on the day of Surgery

- Please have your breakfast as usual on the day of your operation
- Please bring all your medication you will require for the day in their original packaging, including any inhalers that you use
- Please do not wear jewellery. It is advisable to leave all your valuables and jewellery at home.
- Please do not wear any nail varnish or make-up on your day of surgery. This includes foundation, mascara, eyebrow pencil, eye shadow or eyeliner.

### When you arrive on the Ward

- Please report to Ward E4 on arrival to the hospital - it is situated on the **4<sup>th</sup> floor** of the Princess Alexandra Eye Pavilion
- Your nurse who admits you will fully explain to you what will happen during your stay. If you have any questions, please do not hesitate to ask.
- Your nurse will advise when your relative or escort should contact the ward to confirm your discharge time. You should expect to stay in hospital for approximately 1-3 hours.
- It is not possible for your relative/escort to stay with you during your admission except in exceptional circumstances. If you need to discuss this, please contact the ward directly

### After Your Surgery

If your eyelid is uncomfortable after your operation, it is advisable to take a pain killer such as paracetamol. It is normal for your eyelid to swell after surgery and become bruised for a few days. You may find it useful to apply an icepack (or a small bag of frozen peas) wrapped in a clean cloth to your lids. It can be normal for the wound on your eyelid to ooze with blood slightly for a couple of days. If your eyelid continues to bleed for more than a couple of hours after applying ice and pressure, please telephone the **Acute Referral number** (Triage) on:

**0131 536 3751 (08.30 - 17.00hrs)** or if in the evening or at weekends, telephone **Ward E2 on 0131 536 1172.**

## **Discharge Home**

You may go home by public transport after the procedure if you wish. Please ensure you have some pain relieving medicine at home if you need to take them.

## **Contact Telephone Numbers**

**Waiting List Office: 0131 536 1628 (then option 3)**

**Ward E2 (weekends and evenings only): 0131 536 1172**

## **Patient Transport**

If you have a medical/clinical need for Patient Transport, telephone **0300 123 1236**

\*calls charged at local rate up to 28 days in advance to book, making sure you have your CHI Number available.

Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236\*** (calls charged at local rate).

To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hr answer service)

## **Interpretation and Translation**

Your GP will inform us of any interpreting requirements you have before you come to hospital and we will provide an appropriate interpreter.

## **Keeping your Appointment**

If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.