

Important information regarding your appointment

How to get here:

If you travel by car, park in car park 2A and OPD5 is located directly opposite. If travelling by bus, walk from the bus terminal, situated at the back of the hospital, heading left towards OPD5, which is directly opposite car park 2A.

Using public transport:

Bus details available from:

Lothian Buses on 0131 555 6363 www.lothianbuses.co.uk

Traveline Scotland on **08712002233** or www.travelinescotland.com

Train details available from:

National Rail Enquiries on **03457 484 950** or www.nationalrail.co.uk

Using Patient Transport:

Patient Transport will only be made available if you have a medical/clinical need.

Telephone **0300 123 1236** *calls charged at local rate up to 28 days in advance to book, making sure you have your CHI Number available. Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236*** (calls charged at local rate). To cancel patient transport, telephone **0800 389 1333** (Freephone 24 hour answer service).

What to wear:

During your physiotherapy assessment and treatment you may be required to remove your outer clothing (coats, scarf etc) to allow the physiotherapist to fully assess your problem. Please ensure you are wearing appropriate clothing (shorts, t-shirt, vest top etc). If you are referred for assessment of a back or leg problem, please bring a pair of shorts or loose trousers. For a neck or shoulder problem, a vest top if you prefer.

During your appointment:

You may be seen by either a male or female physiotherapist, if you have a specific preference please contact us prior to your appointment to arrange this. Similarly if you would like a chaperone present during your examination, please contact us in advance to arrange this.

Outpatient Physiotherapy, MSK, Royal Infirmary of Edinburgh, OPD5

Tel: **0131 242 1940**