

Physiotherapy Paediatric Community Respiratory Team

Information for parents and carers

What do we do?

We will visit your child at home, at school, at respite or at clinic to help you to keep their lungs as healthy as possible and to help keep your child out of hospital when we can.

We work closely with the doctors, specialist nurses and other health care professionals at The Royal Hospital for Children and Young People, Edinburgh. This helps children to get the best care.

How do we do it?

There are a variety of physiotherapy treatments that may be useful for your child to help their specific respiratory condition.

We decide which technique to use based on what works best for your child, by talking to you, and your child's wishes. We can provide equipment to assist your child's chest physiotherapy at home and replace parts if needed.

When should my child be seen?

If you notice that your child is showing signs of chest infection or "flare ups" you can call our rapid response service. We will visit your child on the same day or next working day and/or give advice over the phone. We can give additional physiotherapy treatment, help assess the need for antibiotics and help you manage your child's condition.

Please phone the mobile number below as early as possible in the day to arrange a home visit. Please note any swabs that are taken will be automatically tested for Coronavirus (SARS-CoV-2 virus).

If your child does need to be admitted to hospital we can support their discharge home safely.

Contact information

If you have any concerns, contact:

Mobile: **07540 673 240**

