

# Preputioplasty/Foreskin Stretch

After the operation

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## Going home

Boys who have had either a preputioplasty or foreskin stretch are usually able to go home the same day.

## The wound

It is important to tell your son about the change in appearance of his penis following his operation. It will look red at the tip and may be quite swollen for a number of days.

This is normal and part of the healing process. The stitches can take between 2-4 weeks to dissolve and fall away.

There may be a small ooze of blood from the wound but if bleeding continues, seek advice. If you see any signs of infection at the wound area contact your GP or if out of hours NHS 24.

Signs of wound infection can include an increase in pain, swelling or redness around the stitch line, discharge from the wound which is discoloured, a strong smell from the area or if your child has a temperature and is unsettled.

If your son is having difficulty in passing urine (doing a 'wee') he may find it more comfortable to pass urine in the bath. It will also help if your son drinks lots of fluid and continues to take his pain relief.

## Pain

Some discomfort will be experienced after surgery. We advise using a combination of ibuprofen and paracetamol, following the dosage instructions on the bottles/boxes.

## Bathing and clothing

Daily baths should start the day after the operation for one week. It is best not to add anything to the bath water.

When your child is in the bath pull the foreskin back gently as far as possible, and then gently pull forward again. This is done to ensure that the area is kept clean and the foreskin is not being allowed to stick down again. This may be helped by applying some soft paraffin around the tip of the penis. It is important that no other creams, ointments or

talc are applied directly to or near the wound, unless prescribed. Continue this care until your child's follow up appointment. Loose fitting clothes are most comfortable.

## **Play and school**

To minimise swelling it is advised that your son avoids activity and rests for the first three days after surgery.

Your son should be fit to return to school or nursery approximately seven days following their operation.

Sporting activities can start again when completely healed, usually after 4 – 6 weeks.

## **Questions and problems**

If you have any problems please contact your GP or if out of hours NHS 24

Your consultant surgeon is .....

A follow up appointment has/has not been arranged on

..... at .....

We hope this leaflet has been useful. If you have any further questions, please ask a member of staff before you leave.

**NHS 24: 111**

Royal Hospital for Children and Young People  
50 Little France Crescent  
Edinburgh EH16 4TJ  
Tel.: **0131 536 1000**

Accident & Emergency Department: **0131 312 0007**  
Surgical Day Case Unit: **0131 312 0970** (Monday-Friday: 8am-6pm)

Preputioplasty/foreskin stretch – after the operation  
Surgical Day Case Unit