

What do we do?

- We will initially meet with the person who made the referral or another key person to discuss this and carry out a screening visit.
- If appropriate we will carry out a comprehensive assessment. Which can include:
 - Direct or indirect observations of the individual
 - interviews with other professionals and family or carers
 - review of historical information
 - Functional analysis of the behaviour
- Completed assessments are followed by formulation of a Positive Behaviour Support Plan.
- We will then support and monitor the implementations of the recommendations made.

Contacting the Team

The team covers the City of Edinburgh and referrals are received from within the Community Learning Disability Teams (CLDT). Individuals may have been referred to the CLDT by their GP, Social Worker or other Healthcare Professional.

Specialist Positive Behaviour Team:

**157 Duddingston Road West
Edinburgh
EH16 4UY**

**Telephone: 0131 200 4195
0131 200 4197**

**The team can be contacted between
9.00am - 5.00pm Monday to Friday.**



The Specialist Positive Behaviour Team

Information for families and carers of
adults with a Learning Disability and
behaviours perceived as challenging.

Who we are

The Specialist Positive Behaviour Team is made up of:

- **Nursing Staff**
 - Charge Nurses
 - Staff Nurses
- **Allied Health Professionals**
 - Occupational Therapist
- **Psychiatrist**
- **Clinical Psychologist**
- **Secretarial Support**

We liaise and work in collaboration with The Community Learning Disability Teams, Allied Health Professionals, Social Work and Specialist Doctors as well as Care Managers and Support Workers from day service and respite provisions.

What is Positive Behaviour Support?

Positive Behaviour Support is a values based approach that is person centred.

The aim of Positive Behaviour Support is to improve the quality of life of adults with a learning disability.

We aim to do this through the understanding of behaviours, teaching new skills, and/or new behaviours to help individuals manage their emotions, or communicate their needs and wants.

Provide the tools to help implement structure, routine and meaningful activities in to an individual's daily life.

We can provide client specific training to those who support people with behaviour that may challenge.

Who do we support?

The Specialist Positive Behaviour Team supports adults over the age of 18 with a learning disability.

We provide support to individuals who live in the community or individuals in an inpatient setting who need support prior to and during discharge.

We offer support to the parents, carers and other professionals involved in an individual's care.

The Specialist Positive Behaviour Team can also be actively involved in an individual's care before the age of 18 to support the transition from child to adult services.