

## **Squint Correction**

Caring for your child after the operation

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### **Going home**

Children who have had a correction of a squint are usually able to go home the same day.

### **The eye after the operation**

The white of your child's eye will be bloodshot or red, but this will get better over the next few weeks. Your child's eye may also water – it is usual for tears to be slightly blood-stained on the first day or so. You may also notice blood-stained fluid coming from the nose. This is normal after squint surgery.

### **Relieving pain**

Your child's eye will be uncomfortable with a scratchy feeling after the operation. Some children describe this as feeling like they have sand or grit in their eye. Please discourage your child from rubbing the eye/s. You should give your child regular paracetamol and/or ibuprofen at home following the dosage instructions on the bottle.

You will be given eye drops or eye ointment for your child and you will be shown how to use these before going home.

If your child's eyelids are sticky, bathe them gently using cotton wool dampened with **cooled** boiled water.

### **Next steps**

Your child will be given an outpatient appointment to see your ophthalmologist and orthoptist (eye doctor) about two to four weeks after the surgery. Your child should stay off school for around one week. Sporting activities and swimming can begin after two weeks. Swings, balls, skateboards, bikes and sand should be avoided for a further two weeks.

### **Questions and problems**

**Please contact the Surgical Day Case Unit or the Eye Pavilion on the numbers overleaf if:**

- Your child has a sticky pus-like discharge from the eye
- Your child has a lot of swelling of their eyelids
- Your child has pain which does not ease with paracetamol and/or ibuprofen.

Your surgeon/consultant is .....

A follow-up appointment has / has not been arranged

on ..... at .....

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50 Little France Crescent  
Edinburgh EH16 4TJ  
Tel.: **0131 536 1000**

SDCU Tel. **0131 312 0970**  
A&E Tel. **0131 312 0007**

Princess Alexandra Eye Pavilion Tel. **0131 536 1172**

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