

Tongue-Tie Release

After the operation

Going Home

Children who have had a tongue-tie release are usually able to go home the same day.

Eating and Drinking

Your child may eat and drink normally when you get home. It is helpful to finish meals with a drink of juice or water to keep the small wound clean.

If your child is a baby try to make sure that hard objects are not put in the mouth as this may cause some bleeding.

Older children should not use a straw to drink from until the wound has healed after a few days.

Pain

If your child is sore, paracetamol and/or ibuprofen may be given following the instructions on the bottle.

Questions and Problems

Should you have any problems in the first week at home, please contact us on the ward.

You will get a discharge letter from your G.P.

We hope this leaflet has been useful. If you have any further questions, please ask a member of staff before you leave.

Dear

Tell the person looking after you:

- If you are sore
- If you have any worries.

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