



Veterans First Point Lothian is a service designed by Veterans for Veterans

Our experienced Veteran Peer Support Workers understand the challenges that veterans may face and are here to help you.

Call us today to find out more
0131 220 9920

V2.1 Approved by NHS Lothian Patient Information
Oct 23, Review Oct 26



We are open

Weekdays (Mon-Fri): 8:30am to 4.30pm

You can drop in on Wed and Thurs 2.00- 3.30pm.

Individual appointments are available
10.00 am -3.30pm

Refer:

We accept self referrals by phone, email or attendance at drop-in. We also accept referrals from a range of professionals

Location:

Veterans First Point Lothian
First Floor, Rothesay Wing
Erskine Edinburgh Home
468 Gilmerton Road,
Edinburgh EH17 7SA

0131 220 9920

Veterans.enquiries@nhslothian.scot.nhs.uk
www.veteransfirstpoint.org.uk

Public Transport

Trains to Haymarket or Waverley
Buses from Princes Street: 3,29 or 400
Parking available in Morrisons' car park

If you require additional assistance to access support
please contact a member of the team

A one-stop-shop for veterans living in Lothian



Veterans First Point is unique.

We are there for veterans
“Whatever their needs may be.”

If you have served for more than one day in HM Armed Forces, Reserves or Merchant Navy (in support of military operations), you can access a range of help from us:

Credibility

- We are a mixed professional team including:
 - Consultant Clinical Psychologist
 - Counselling Psychologist
 - Veteran Therapist
 - Psychological Therapists
 - Consultant Psychiatrists
 - Veteran Peer Support Workers
 - Administration team
 - Veteran Volunteers
- We are a trauma informed service
- We provide a range of evidence based psychological therapies
- We are accredited as a Veteran provider with the Royal College of Psychiatrists
- All our therapists are registered with relevant regulatory bodies
- All our Veteran Peer Support Workers have lived experience of the military

**One Stop Shop for veterans
Living in Lothian**



Co-ordination

- We work closely with specialist support agencies to coordinate the best possible care tailored to your needs
- We are a safe base for all your needs and offer a range of on-site clinics
- We are one of six co-ordinated Veteran First Point Services located across Scotland.

**Veterans First Point
knows who and where
to get the best help
that you need,
whenever you need it.**



Accessibility

- **Convenient** self-referral and drop in service.
- **Location** – Veterans First Point Lothian is located in Gilmerton area of Edinburgh- accessible by public transport links.
- **Appointments** can be booked by telephone or email.
- **Website** offers 24 hour information and self-help guides with further contact details.
- **The peer support workers:** First point of contact and ongoing support from a professional friend with lived experience of the military
- **Find us on Social media:** on Facebook and Twitter

**Working together, we will find the
right support, when you need it, to
help you move forward**