

Information for patients



Worsening symptom advice for chest pain

You have been assessed today in Same Day Emergency Care and your doctor or advanced nurse practitioner has decided that you are safe to go home.

It is important to make sure that you know what to do if you feel less well after leaving the hospital.

If you develop the following symptoms, you should seek medical attention urgently. This will be discussed with you verbally as well.

- Crushing/heavy pain, heaviness or tightness in your chest, especially if this pain lasts longer than 15 minutes or has become significantly worse than the pain you attended with today.
- If the pain feels different from the pain you attended hospital with
- Pain that is going into your arm, neck, jaw, throat area, or back
- Feeling sweaty, lightheaded, or sick
- Becoming short of breath
- You have a fast heart rate/palpitations.

If you develop these symptoms you must phone 999 without delay.

Contact information

If you need to contact us, please use our contact numbers below:

**Monday to Saturday 8am-8pm:
Same Day Emergency Care 0131 537 2137**

**Monday to Saturday 8pm-8am:
Medical Assessment Unit 0131 537 1330**

Sunday: Medical Assessment Unit 0131 537 1330