

## Contact information

If you need to contact us, please use our contact numbers below:

**Monday to Saturday 8am-8pm:**  
**Same Day Emergency Care 0131 537 2137**

**Monday to Saturday 8pm-8am:**  
**Medical Assessment Unit 0131 537 1330**

**Sunday: Medical Assessment Unit 0131 537 1330**



Information for patients

# **Worsening symptom advice for deep vein thrombosis (DVT - a blood clot in a vein)**

**You have been assessed today in Same  
Day Emergency Care and your doctor or  
advanced nurse practitioner has decided  
that you are safe to go home.**

**It is important to make sure that you know what to do if you feel less well after leaving the hospital.**

**If you develop the following symptoms, you should seek medical attention urgently. This will be discussed with you verbally as well.**

- Increasing leg swelling or pain, or a change in colour of your leg, particularly if this happens suddenly
- Shortness of breath
- Chest pains
- Coughing up blood
- Feeling faint or dizzy
- Racing heart.

**If you develop these symptoms you should phone 999 or go to hospital as soon as possible.**

## **If you have been given blood thinning treatment for returning for an ultrasound scan:**

You may have been given a blood thinning injection (dalteparin) or tablets (apixaban) overnight while you await your scan.

- If you develop any unusual or spontaneous bleeding or bruising, you must go to hospital as soon as possible
- If you have a head injury, it is vital that you go to accident and emergency as soon as possible.

Do not undertake any sporting activities or strenuous exercise, have a hot bath/shower, or undergo any massage until after you have had your scan.