

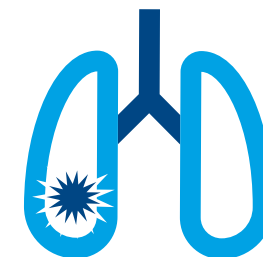
Contact information

If you need to contact us, please use our contact numbers below:

Monday to Saturday 8am-8pm:
Same Day Emergency Care 0131 537 2137

Monday to Saturday 8pm-8am:
Medical Assessment Unit 0131 537 1330

Sunday: Medical Assessment Unit 0131 537 1330



Information for patients

Worsening symptom advice for possible pulmonary embolus (blood clot in the lung)

**You have been assessed today in Same
Day Emergency Care and your doctor or
advanced nurse practitioner has decided
that you are safe to go home.**

It is important to make sure that you know what to do if you feel less well after leaving the hospital.

If you develop the following symptoms, you should seek medical attention urgently. This will be discussed with you verbally as well.

- Worsening shortness of breath
- Chest pains that are new or worsening
- Coughing up blood
- Feeling faint or dizzy
- Racing heart

If you develop these symptoms you should phone 999 or go to hospital as soon as possible.

If you have been given blood thinning treatment for returning for a CT scan:

You may have been given a blood thinning injection (dalteparin) or tablets (apixaban) overnight while you await your scan.

- If you develop any unusual or spontaneous bleeding or bruising, you must go to hospital as soon as possible
- If you have a head injury, it is vital that you go to accident and emergency as soon as possible.

Do not undertake any sporting activities or strenuous exercise, have a hot bath/shower, or undergo any massage while you are awaiting further tests to exclude a blood clot.