

# Your 20 week anomaly ultrasound scan

## Information for patients

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### Information about your appointment

**One adult** can accompany you into the scan room.

Due to the length of time, complexity and concentration required by the sonographer, we ask that you **do not bring any children to this appointment. Children will not be allowed in the scan room during the examination** and there are no crèche facilities available.

Please be aware that if you are late for your appointment, you may not be seen and it may not be possible to rebook your appointment for another date. If your appointment is not suitable, please let us know as soon as possible.

### What will happen at the scan?

You will lie on a couch and a trained sonographer (this is the person who will be doing the scan) will put gel and the ultrasound probe onto your abdomen. Images can be quite difficult to see clearly, but the sonographers are skilled at interpreting them.

### What is the purpose of this scan?

The scan you are attending for is to detect structural abnormalities in your baby. The scan can take up to 30 minutes.

Most babies are healthy, but sadly some have abnormalities which could be serious. If you do not wish to know this, it may be best not to have this scan. If you do decide to have a scan we will assume you wish to know about any abnormalities we find.

Not all abnormalities can be detected on ultrasound. This means that even if your scan appears normal there is always a chance that your baby may still have an abnormality.

### What will happen if an abnormality is detected?

If an abnormality is detected you will be told at the time and referred on to the Fetal Medicine Unit at the Royal Infirmary for more in-depth investigations.

For further information please speak to your midwife.

If you have any questions or decide not to have this examination please contact your midwife before attending for the scan.

### Getting to your appointment

Details of which site your appointment will be at will be on your appointment letter.

You can find information about how to get to all of our sites at:

<https://www.nhsllothian.scot/GoingToHospital/Locations/Pages/default.aspx>

If you cannot keep your appointment, or you have been given an appointment that is not suitable, please phone **0131 536 6409** or **0131 536 6410**.