

# Video Resources for Bottle Feeding Parents



These videos are intended to compliment the conversation with your Health Visitor/Family Nurse alongside the green bottle feeding assessment tool.

Please be aware that there are new recommendations for formula feeding (see paced bottle feeding).

It is useful to review the videos, even if you are an experienced parent.

**Short video on making up formula safely:**

[www.vimeo.com/1025191808](https://www.vimeo.com/1025191808)



**Short video on how to bottle feed your baby:**

[www.vimeo.com/1025162536](https://www.vimeo.com/1025162536)



**Parent Club (Scottish Government Information)**

[www.parentclub.scot/articles/formula-feeding](https://www.parentclub.scot/articles/formula-feeding)

