

Advice following your neurointerventional procedure

Information for patients

You have recently undergone a lengthy procedure at Department of Clinical Neurosciences (DCN) at the Royal Hospital for Children & Young People in Edinburgh.

During this procedure it was necessary to use an x-ray dose which has the potential to cause a skin reaction. 1 in 100 people who receive this level of x-ray exposure are likely to see a skin reaction. Any reaction that occurs is likely to be mild and changes will only occur in the area of skin exposed during the x-ray.

Possible skin reactions include:

1. Mild reddening or discolouration of the skin.
2. Temporary loss of hair.

If you notice any changes to your skin **up to 4 weeks** after your procedure, please contact your GP and take this sheet with you.

It is also important to contact the Neurointerventional Clinical Nurse Specialist in DCN on **0131 312 0863** if you notice any of the above changes.

Skin care advice

Please follow the skin care advice below:

- The affected area should be kept clean and checked regularly
- Avoid the use of perfumed products
- Avoid hot water - use warm water only
- Do not scrub the area, pat dry carefully after washing
- Avoid man-made fibres, cotton clothes and bed sheets are better
- Ensure the areas are well moisturised. Use a plain aqueous cream, such as E45
- Avoid shaving or waxing any damaged areas
- Avoid direct sunlight and use a sun screen with factor 30 or higher at all times.