

Your Orthotist is:

Notes

Telephone: 0131 537 9177 (option 2)

Orthotics Department
SMART Centre
Astley Ainslie Hospital
133 Grange Loan
Edinburgh
EH9 2HL

Our website

More information about our service is available on our webpage:

<https://services.nhsllothian.scot/scottishnationalspineservice/>



Spinal brace vest

Information for
patients, parents and
carers



**SCOTTISH NATIONAL SPINE
SERVICE**

You have recently been fitted with your new spinal brace. We always recommend you wear a long, snug fitting and preferably seamless vest or t-shirt underneath your brace. This can be generic base layers or for younger children, you may find vests with poppers are more suitable.

If your brace is high under the arms, a short-sleeved t-shirt or vest with underarm flaps is recommended but not essential.

You will be provided with a vest at your first brace fitting appointment and your Orthotist will give you some tips on vests that may best suit you.



You have been fitted with:

Supplier

Size

Listed below are some useful website links for suitable vests:

Allard – Support Clothing

<https://www.allarduk.co.uk/products/back-supports/boston-brace-accessories-and-materials-uk>



Sensory Smart Clothing

<https://sensorysmart.co.uk/>



Fledglings Clothing

<https://www.fledglings.org.uk/collections/orthotic-underwear>

