

Renal Support Worker Service for Young Adults

Information for patients aged 16-35

What is a Renal Support Worker?

The Renal Support Worker works with patients who are living with kidney problems. They provide support and advice on a wide range of topics, and aim to help you with other challenges that you may be facing alongside your health condition.

They provide support for patients who live in the City of Edinburgh, the Lothian's or the Scottish Borders. This includes dialysis patients at the Royal Infirmary of Edinburgh, Western General Hospital, St John's Hospital and Borders General Hospital.

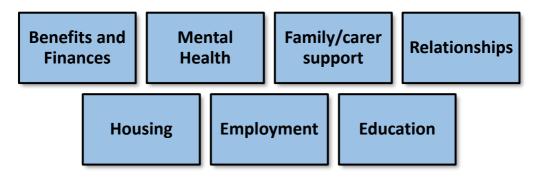
This support service is available for patients aged 16-35 with chronic kidney disease at any stage, including those on dialysis or who have received a kidney transplant.

How can the Renal Support Worker help you?

They can provide one-to-one support and support through group activities, helping you to independently manage your kidney condition.

They work in collaboration with other members of the renal multidisciplinary team and can refer you to other agencies outside of the NHS if needed.

Depending on your needs, they can support you in areas such as:



If you have an area for support not mentioned here, we may still be able to help, or put you in touch with someone who can. Just ask!

A support worked can attend appointments at the renal clinic should you wish.

How can you contact us?

Ask a member of staff from your Dialysis Unit or a doctor who sees you in clinic to make a referral for you.

Alternatively, if you feel you would like a chat, you can contact them directly on 07813555004 or 01312427853.

Or email renalyoungadultsupport@nhslothian.scot.nhs.uk

What happens after a referral?

The Renal Young Adult Support Worker is based at the Royal Infirmary of Edinburgh.

The service is available Monday - Friday 7.30am – 3.30pm.

The support worker can meet you in the outpatient's clinics, on the ward, the Dialysis Unit, at home or somewhere in the community.

When the support worker meets with you, they will have a chat over the areas of support available.

Depending on your wishes and requirements we can catch up as little or as often as you would like after that.

Useful Organisations and Phone Numbers

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