

# Sexual Health Clinic @ REH

Information for patients

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The clinic offers:

- Advice on sexual health
- Testing for sexually transmitted infections
- Cervical screening
- Contraception information and support.

Every Thursday afternoon in the Royal Edinburgh  
Building

## Who can attend the clinic?

As long as your healthcare team feel you are well enough to leave the ward, either with someone or alone, all inpatients at the Royal Edinburgh Hospital can attend.

## Where is the clinic?

The clinic takes place in the ECT suite (near Blackford ward) in the Royal Edinburgh Building at the Royal Edinburgh Hospital.

## When is the clinic?

The clinic is held every Thursday afternoon.

## Who runs the clinic?

The clinic is run by experienced sexual health nurses. There is one male and one female nurse who alternate each week.

If you would prefer to see a specific nurse, please ask your healthcare team to highlight this in your referral to the clinic.

## Who will have access to my results?

Basic information from your appointment, such as which tests were performed and the results from these, will only be shared with your healthcare team.

They will also be informed if you require any additional support, treatment, or follow up, to help support you with this.

## What services are available at the clinic?

**Review of symptoms** related to sexual health, and treatment provision if required.

**Prevention options.** If you are at high risk for certain sexually transmitted infections, you may be eligible for vaccinations and other

preventative measures e.g. PrEP. The clinic can advise and provide these if required.

**Testing for sexually transmitted infections.** If you would like this you will be offered testing for chlamydia, gonorrhoea, HIV and syphilis as a minimum. Testing involves a blood sample, and a self-taken urine sample (for men) or self-taken vaginal swab (for women).

**Contraception** support to discuss options available. If desired, the clinic can arrange for you to begin your preferred option.

**Cervical screening** If you are unsure if you are up to date, your healthcare team can email the clinic, who can find out.

## How do I attend the clinic?

If you would like to attend the clinic, speak to your healthcare team. They will be able to arrange an appointment for you.

## Can I attend the clinic after I have been discharged from REH?

The Sexual Health Clinic at the REH is available for patients on specific wards.

If you have been discharged from the REH, you can still attend an appointment at the REH if this has already been made.

Alternatively, you can make an appointment at the Chalmers Sexual Health Service by phoning 0131 536 1070.

Information and support is also available at:

[www.lothiansexualhealth.scot](http://www.lothiansexualhealth.scot)



# The Royal Edinburgh Building Corridors

