

Moviprep Instructions for Gynaecology Oncology Surgery

Information for Patients



It is essential to take the two doses of Moviprep medication that you have received.

On the day before your surgery

- Take the first dose 8am the day before surgery.
- Take the second dose at 4pm the day before surgery.

Instructions

The pack you have been sent contains 2 clear bags each containing one pair of sachets: Sachet A and Sachet B. To make up each dose, open one clear bag and remove the sachets A and B.

1. Add the contents of sachets A and B to a container and pour in 1 litre of water, stirring until all the powder has dissolved and the solution is clear or slightly hazy. This may take up to 5 minutes. If you prefer you may add any cordial except blackcurrant to taste.
2. Drink the first litre of Moviprep solution over 1–2 hours (try to drink a glassful every 15–20 minutes).
3. Guided by the information above, at the time of the second dose, prepare the Moviprep in the same way and drink again over 1–2 hours.
4. During the course of the whole preparation please drink at least a further litre of liquid from the “Diet and Fasting Instructions” to prevent you feeling thirsty or becoming dehydrated.

You should remain within easy reach of a toilet as Moviprep usually causes multiple bowel movements. It may start working within 30 minutes but sometimes takes longer. The effects will last up to six hours or in some cases longer.

To replace the lost fluid from your body it is essential that you continue to drink water. Please follow the low residue diet sheet whilst taking moviprep.

