

# Colonoscopy with Painkillers

Discharge information for patients



## Colonoscopy with Painkillers Discharge Information

**Side effects** - After your colonoscopy you may experience the following symptoms:

### Abdominal discomfort

You may feel a little bloated and have some wind-like pains because of the gas passed into your bowel during the procedure. This should settle within a few hours.

### Bleeding

The passing of small amounts of blood after this examination is normal. If this persists, increases or becomes clots, please contact either NHS 24 or A&E.

### Complications

Contact NHS 24 or A&E if you experience any of the following symptoms:

- Severe pain in the abdomen
- Breathing difficulties
- High temperature, sweats or chills
- Vomiting

Contact telephone numbers can be found overleaf.

### Medication

Please continue to take any regular medication unless otherwise advised by us.

### Discomfort at the injection site

You may experience slight discomfort where the injection was given. If this becomes increasingly red, tender or swollen, please seek advice from your GP.

### Painkiller

You have been given a strong painkiller today. This may make you feel sleepy or unsteady on your feet, therefore do **not** do any of the following for the rest of the day:

Do not go to work

Do not drink alcohol

Do not use any kind of machinery

Do not drive or ride a bike for 24 hours, as you will be 'driving under the influence'.

## Results

You should have already received a copy of your results, but a copy of the report will also be sent to your GP.

If you had biopsies taken these results will be sent to you as soon as they are available. This can take several weeks. Your GP will also be sent a copy of your biopsy results.

If you need to make an appointment with your GP regarding your results, please contact your health centre to ensure they have received them first.

## Follow up

- No further follow up required    
  Follow up with your GP    
  Follow up in clinic  
 A follow up procedure is required

If you need a follow up procedure as part of a surveillance programme or to reassess any abnormalities found at your colonoscopy, your case will be reviewed by us 2 months before the procedure date. This will make sure it still needs to be done according to the most up-to-date guidelines.

If any changes are required following this review, you will be informed at that time.

## Any other relevant information

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## Contact telephone numbers

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|--|--------------------------------|
| Western General Hospital   | 0131 537 1327 or 0131 537 1695 |
| Royal Infirmary of Edinburgh   | 0131 242 1600                  |
| St John’s Hospital (voicemail)                                       | 01506 523 982                  |
| East Lothian Community Hospital                                      | 01620 642 885                  |
| Leith Community Treatment Centre                                     | 0131 536 6442                  |
| NHS 24   | 111 Freephone                  |
| Accident and Emergency<br>(Royal Infirmary of Edinburgh switchboard) | 0131 536 1000                  |

