

# Endoscopy/Colonoscopy

Discharge information for patients



## Upper Gastrointestinal Endoscopy with local anaesthetic spray and Colonoscopy with Entonox (gas and air) Discharge Information

### Possible side effects you may experience:

**Abdominal discomfort** You may feel a little bloated and have some wind-like pains because of the gas passed into your bowel during the procedure. This should settle within a few hours.

**Sore throat** You may have a sore throat. This is quite normal and will pass within 24 – 48 hours. If you had a biopsy taken, you may bring up a small amount of blood stained fluid

**Bleeding** The passing of **small** amounts of blood in your stools is normal. If this persists, increases or becomes clots, please contact either NHS 24 or A&E.

### Complications

Contact NHS 24 or A&E if you experience any of the following symptoms:

- Severe pain in the neck, chest or abdomen
- Bringing up more than a small amount of blood
- Breathing difficulties
- High temperature, sweats or chills
- Passing blood (red or black) in your bowel movements
- Vomiting

Contact telephone numbers can be found overleaf.

### Medication

Please continue to take any regular medication unless otherwise advised by us.

### Discomfort at the injection site

If you had a cannula inserted, you may experience slight discomfort at the injection site. If this becomes increasingly red, tender or swollen, please seek advice from your GP.

### Entonox (gas and air)

Entonox wears off quickly. You can return to your normal activities such as driving and working half an hour after you have stopped using Entonox.

## Results

You should have already received a copy of your results, but a copy of the report will also be sent to your GP.

If you had biopsies taken these results will be sent to you as soon as they are available. This can take several weeks. Your GP will also be sent a copy of your biopsy results.

If you need to make an appointment with your GP regarding your results, please contact your health centre to ensure they have received them first.

## Follow up

- ☐ No further follow up required      ☐ Follow up with your GP      ☐ Follow up in clinic
- ☐ A follow up procedure is required

If you need a follow up procedure as part of a surveillance programme or to reassess any abnormalities found at your endoscopy/colonoscopy, your case will be reviewed by us 2 months before the procedure date. This will make sure it still needs to be done according to the most up-to-date guidelines.

If any changes are required following this review, you will be informed at that time.

## Any other relevant information


## Contact telephone numbers

Western General Hospital	0131 537 1327 or 0131 537 1695
Royal Infirmary of Edinburgh	0131 242 1600
St John's Hospital (voicemail)	01506 523 982
East Lothian Community Hospital	01620 642 885
Leith Community Treatment Centre	0131 536 6442
NHS 24	111 Freephone
Accident and Emergency (Royal Infirmary of Edinburgh switchboard)	0131 536 1000

