

Foot and ankle moonboot

Information for parents and carers



Your child has sustained an injury to their foot or ankle that is stable and can be managed in a moonboot. They will have been fitted with the appropriately sized boot in the Emergency Department and they should be able to walk comfortably with the boot on.

To put the boot on and off place it flat on the floor, undo the Velcro straps and place the foot into the walker. Close the lining first and then secure with the Velcro straps. Make sure it is not too tight but also that the foot is not moving around inside the boot.

Your child should wear the boot when walking around for _____ weeks. The boot can be removed for bathing or showering but they may have to sit on a stool in the shower. It can also be removed at nighttime and the leg can be elevated and supported on a pillow.

At the end of the recommended time using the boot if you have any concerns and would like your child to be reviewed again, please call 0131 312 0007/0008 to arrange a follow-up appointment. You can also call this number for any questions about the boot.