Food, Fluid and Nutrition Policy



Food Chart

Name:	Food Record Chart
	* Record all food and fluid taken including the amount actually consumed. Do not record anything left on the plate
Date of Birth: CHI: Addressograph may used	 Give a careful description of the quantity of food eaten in handy measures e.g. slices, scoops, cups, tablespoons * Include a description of how the food is cooked e.g. grilled chop, boiled potato * Keep the Food Record Chart for days
Tradition Script Thay area	

	Breakfast		Lunch		Supper		Snacks	
Date	Offered	Eaten	Offered	Eaten	Offered	Eaten	Offered	Eaten