

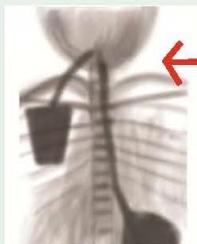
Fluoroscopy uses x-rays to take pictures. The special camera can take a movie of the moving parts of your body to show the doctor how your insides are working.



You might need to have a special contrast liquid to help highlight the part of your body that is being examined. You may be asked to drink it.



The special contrast liquid is black on the x-ray image. Here, it shows how this boy swallows and how the contrast moves inside him to his stomach.



You need to sit or lie very still for the camera so that the pictures aren't blurry.

FACTS ABOUT FLUOROSCOPY

- Fluoroscopy uses x-rays to create "real-time" moving images of inside your body. It helps doctors see how your body functions.

- X-rays are a type of electromagnetic radiation. Their wavelength is smaller than UV rays and they are invisible to the human eye. You can not feel or see them.

- Fluoroscopy is also used in airport security scanners to check for hidden objects and in the early 20th century Fluoroscopy scanners were even commonly used to measure foot size for shoe-fitting in American shoe stores.



Come for your Fluoroscopy Scan

Video Swallow

At The Imaging Department
 Place Royal Hospital for Children and Young People
 Little France
 Edinburgh
 EH16 4SA

Tel: 0131 312 0896



SCAN and Find more information about Scans and X-rays



Fluoroscopy *(Video Swallow)*

Information for parents and carers -

What is a video swallow?

This is a special x-ray test that looks at the swallowing mechanism. The barium shows up on the pictures and allows us to see moving images of your child swallowing solids or liquids.

What will the test involve?

When you arrive you will be taken to the x-ray room, where you will meet the radiographer, nurse and radiologist. They will explain the test, and there will be an opportunity to ask any questions.

If possible your child should wear a plain top, as some designs/motifs will show up on the pictures. If your child needs to get changed then the department will provide a gown. You will be asked to bring food and drink that your child is familiar with to the appointment. Usually something they find easy and something that can be a bit more difficult for them to eat. A contrast material, usually Barium, is mixed with the food and drink so that it will show up on the x-ray. Your child will be asked to sit next to the camera, either in their own chair or in a chair provided by the x-ray department. X-ray pictures will then be taken with your child eating various textures of food and drink but this will be explained clearly to them at the time.

You will be asked to stay in the x-ray room with your child.

If you are or may be pregnant you will not be able to stay in the room while the scan is being done. In this case another familiar adult should stay with your child. Other children will not be allowed in the scanning room so please make arrangements for them to be looked after at home.

How long will it take?

This test should not take more than 30 minutes.

What if my child is taking medication?

Do not stop taking any prescribed medications, as it will not affect your scan. Nor will the scan affect the usefulness of the drug. If you have any questions about this do not hesitate to contact the department.

What Preparation is required ?

Important information – Preparation required

Your child is required to fast for 3 hours before this scan.

Your child must not eat or drink for 3 hours before the appointment time.

You will need to bring - Food, drink, bottle / cup, spoon / bowl, supportive seating system (if appropriate).

What if my child is taking medication?

Do not stop taking any prescribed medications, as it will not affect your scan. Nor will the scan affect the usefulness of the drug. If you have any questions about this do not hesitate to contact the department.

How will I get the results of the test?

The result will be sent to the doctor who asked for this test, normally within 7-10 days. The doctor who has asked for the test will then send you a follow-up appointment to discuss your results with them. If this was your GP, please contact them directly after 7-10 days. The staff in the Imaging Department are unable to give results over the phone.

What if I do not speak English?

If you need help with the English language please phone **0131 312 0896** as soon as possible and we can arrange an interpreter for you.

How do I get to Fluoroscopy?

Fluoroscopy is in the Imaging Department on the ground floor. Book in for your appointment at the Imaging Department reception.

For more information about the Imaging Department and your scan.

Please visit www.children.nhslothian.scot/the-rhcyp

You can scan the QR code on the front of this leaflet.

Public Transport and Travel Information.

Bus details available from:

Lothian Buses on 0131 555 6363 or www.lothianbuses.co.uk

Traveline Scotland on 08712002233 or www.travelinescotland.com

Train details available from:

National Rail Enquiries on 03457 484 950 or www.nationalrail.co.uk

Keeping your appointment - If you cannot keep your appointment, or have been given one that is unsuitable, please change it by phoning the number on your appointment letter. Your call will give someone else the chance to be seen and will help us keep waiting times to a minimum.